



Building Carer Friendly Communities



To explore information about these events online:



Dorset Carers Week 2026 Events Calendar

Find friendly local events, drop-ins, walks, talks and support sessions for unpaid carers.

BLANDFORD
Blandford Carers Support Cafe
Thu 4 Jun, 10am-12pm
 A relaxed, friendly chat over a cuppa. Meet other carers, share experiences and find out about local support.
Where: Blandford Rugby Football Club, 53 East Street, Blandford Forum, DT11 7DX
Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Blandford's Hidden Gardens
Sun 7 Jun, 11am-5pm
 Explore around 20 hidden gardens, with refreshments and plant sales. Free tickets are available for carers on a first come, first served basis.
Where: Blandford Forum. Tickets from Blandford Town Museum.
Contact: Rachel Close, Forward Carers / Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Milton Abbas Carers Coffee Morning
Tue 9 Jun, 10.30am-12 noon
 Meet other carers, ask questions and learn more about support available locally.
Where: Winterborne Whitechurch Village Hall, Dolway Lane, Blandford Forum, DT11 0AW
Contact: Milton Abbas Surgery

BOURNEMOUTH
Carer Drop-In at Slades Farm
Wed 10 Jun, 9.30-11.30am
 Drop in for information, advice and support in a friendly setting. Free to attend, no booking needed.
Where: The Pavilion Cafe, Slades Park Pavilion, Ensburys Ave, Bournemouth, BH10 4HG
Contact: BCP Carer Support: carersupport@bcpcouncil.gov.uk

DORCHESTER
Carers Information Stand at Dorset County Hospital
Mon 8 Jun, 11am-3pm
 Pop in to find out more about support for unpaid carers.
Where: Damers Restaurant, Dorset County Hospital, Williams Avenue, Dorchester, DT1 2JY
Contact: Sarah-Jo Boyle: sarah-jo.boyle@dorsetgp.nhs.uk

Carers Information and Advice Drop-in
Tue 9 Jun, 10am-4pm
 Meet the Dorset Carer Service team and find out what support is available.
Where: Community Room, Dorset Museum & Art Gallery, High West Street, Dorchester, DT1 1XA
Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

The HIVE Hub
Wed 10 Jun, 10am-3pm
 A welcoming hospital hub for patients, families and carers to share feedback and access local support.
Where: The HIVE, Level 1 South Wing, Dorset County Hospital, DT1 2JY
Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

GILLINGHAM
Gillingham Carer Peer Support Group
Wed 3 Jun, 10.30am-12.30pm
 Relaxed peer support over a cuppa, with space to share experiences and learn from others.
Where: Gillingham Library, Chantry Fields, Gillingham, SP8 4UA
Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Carers Information Drop-in
Mon 8 Jun, 11am-1pm
 A friendly information session about local support for carers.
Where: Gillingham Library, Chantry Fields, SP8 4UA
Contact: Lynne White: 01747 859120; Library Customer Services: 01305 221000

SHAFTESBURY
A Wonderful Walk
Tue 9 Jun, meet 10.45am
 Fresh air, gentle exercise and good company with Dorset Health Walks and local carers support.
Where: Shaftesbury Town Hall, 21 High Street, Shaftesbury, SP7 8JE
Contact: Lynne White: 01747 859120

Sing a Song of Praise
Wed 10 Jun, 11am-1pm
 A relaxed singing session with well-loved hymns and songs of praise.
Where: Shaftesbury Day Centre, 6 Bimport, Shaftesbury, SP7 8GG
Contact: Dementia Friendly Gillingham: dementiagriendlygillingham@gmail.com

Carers Information Drop-in at the Library
Fri 12 Jun, 2.30-4.30pm
 Drop in to find out more about local support for carers.
Where: Shaftesbury Library, Bell Street, SP7 8AE
Contact: Lynne White: 01747 859120; Library Customer Services: 01305 221000

Shaftesbury Carer Peer Support Group
Wed 17 Jun, 2-4pm
 A relaxed peer support group with a cuppa, shared experiences and useful local information.
Where: Shaftesbury Library, Bell Street, Shaftesbury, SP7 8AE
Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

STURMINSTER NEWTON
Carers Information Drop-in at the Library
Tue 9 Jun, 2.30-4.30pm
 A friendly drop-in to learn more about local support for carers.
Where: Sturminster Newton Library, Bath Road, DT10 1EH
Contact: Lynne White: 01747 859120; Library Customer Services: 01305 221000

Please check with the organiser before travelling, as details may change.



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BRIDPORT

West Dorset Carers Group

Mon 1 Jun, 3.30-5pm

A small, friendly group for carers supporting someone with mental health challenges. Dorset Carer Service will also be there.

Where: The Chapel in the Garden, 49 East St, Bridport, DT6 3JX

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Bridport Carer Peer Support Group

Thu 11 Jun, 10.30am-12.30pm

A relaxed peer support group with a cuppa, shared experiences and support from people who understand.

Where: The Bull Hotel, 34 East Street, Bridport, DT6 3LF

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

CHRISTCHURCH / AVON BEACH

Avon Beach Carers Wellbeing Walk

Mon 8 Jun, 10am-12pm

A gentle carers-only wellbeing walk along the coast. Limited to 10 spaces.

Where: Meet at Beach Hut 19, Avon Beach, BH23 4AN

Contact: BCP Carer Support: carersupport@bcpcouncil.gov.uk

CHRISTCHURCH SNOWTRAX – MATCHAMS LANE

12th June 18.00-20.30

Enjoy an hour of RINGO riding down the dry ski slopes followed by a relaxed meal in the restaurant. This event is open to carers registered with BCP Carer Support Service. Please provide your menu choice and any dietary requirements when booking.

Where: 15 Matchams Ln, Christchurch BH23 6AW

Contact: carersupport@bcpcouncil.gov.uk

LYME REGIS

Lyme Regis Carer Peer Support Group

Thu 11 Jun, 2-4pm

A relaxed group for carers to talk, share tips and meet people who understand.

Where: Waffle Lyme, 37 Broad Street, Lyme Regis, DT7 3QF

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Information and Wellbeing Event

Thurs 11 Jun, 1pm-3pm

Find out more about local support and services available to unpaid carers, enjoy a welcoming community atmosphere at the lovely Gillingham Outdoor Bowling Club, and connect with others.

Where: The Gillingham Outdoor Bowling Club, School Rd, Gillingham, SP8 4QR.

Contact: Millie.Bellairs@dorsetgp.nhs.uk

Name That Tune: Music & Memories

Fri 12 Jun, 2.30-4pm

A fun afternoon of songs, film tunes, memories and conversation in a welcoming setting.

Where: St Martins House, Queen Street, Gillingham, SP8 4DZ

Contact: dementiagriendlygillingham@gmail.com

POOLE

BCP Carer Support & Leonardo Friends Group

Mon 1 Jun, 10.30am-12.30pm

Monthly carers group with a cream tea. Book via BCP Carer Support.

Where: Leonardo Carer Support, Anne van Brussel House, Unit 1, Albany Business Park, Cabot Lane, Poole, BH17 7BX

Contact: BCP Carer Support: carersupport@bcpcouncil.gov.uk

Carers Afternoon Tea

Tue 9 Jun, 2-4pm

A relaxed afternoon tea and friendly conversation to recognise and celebrate carers.

Where: Hotel Du Vin, 7-11 Thames St, Poole, BH15 1JN

Contact: BCP Carer Support: carersupport@bcpcouncil.gov.uk

Adult and Young Carer Drop-In Event

Mon 8 Jun, 10.00am-6.00pm

This relaxed and welcoming space is an opportunity to talk to people who understand, find help that works for you, and discover what support and services are available locally for carers.

Where: Gather Space, Dolphin Centre, Poole, BH15 1SZ

Contact: BCP Carer Support: carersupport@bcpcouncil.gov.uk

WAREHAM

Welfare Benefits Talk for Carers

Mon 8 Jun, 1-3pm

Find out about welfare benefits and financial support for carers and the people they care for.

Where: Wareham Hospital, Streche Road, Wareham, BH20 4QQ

Contact: Christine Norman: christine.norman@dorsetcouncil.gov.uk

Wareham Carer Peer Support Group

Tue 9 Jun, 10am-12pm

Relaxed peer support with a cuppa, shared experiences and people who understand.

Where: The Bear, 14 South Street, Wareham, BH20 4LT

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

Wareham Carers Information and Advice Drop-In

Tue 9 Jun, 10am-12pm

Local organisations will be on hand with information and advice alongside the peer support group.

Where: The Bear, 14 South Street, Wareham, BH20 4LT

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk;

Katie Ball: katie.ball@dorsetgp.nhs.uk

WEYMOUTH

POP UP INFORMATION STAND

Mon 8 Jun, 10:30am-4pm

Raising awareness for unpaid carers.

Contact: Help&Care carers@helpandcare.org.uk

Tea and Talk Carers Drop-In

Tue 9 Jun, 10am-12pm

Join the launch of a friendly new carers drop-in for chat and local support.

Where: Wyke Regis and Lanehouse Medical Practice, Portland Road, Weymouth, DT4 9BE

Contact: Sarah-Jo Boyle: sarah-jo.boyle@dorsetgp.nhs.uk

Carers Information Stand at Asda

Wed 10 Jun, 10am-3pm

Visit the pop-up stand to find out more about support for unpaid carers.

Where: Asda Weymouth Superstore foyer, Weymouth, DT4 8JQ

Contact: Sarah-Jo Boyle: sarah-jo.boyle@dorsetgp.nhs.uk

Please check with the organiser before travelling, as details may change.



Building Carer Friendly Communities



ONLINE

Online Carers Card Discovery Session

Tue 16 Jun, 1.30pm and 6.30pm

Find out about the Carer Friendly ID Card and how it can support you as a carer.

Where: Online

Contact: Forward Carers online session

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Carers Rights at Work Discovery Session

Wed 17 Jun, 1.30pm and 6.30pm

Learn more about your rights as a working carer and the support available.

Where: Online

Contact: Forward Carers online session

SHERBORNE

Lyme Regis Carer Peer Support Group

Thu 8 Jun, 10am-2pm

Drop in and chat with our Carers Caseworkers, who provide information, advice, and practical support to unpaid carers, helping them access services, understand their options, and find the right support for their caring role.

Where: The Walled Garden Restaurant, Castle Gardens, New Road, Sherborne, DT9 5NR

Contact: Dorset Council: sarah.withell@dorsetcouncil.gov.uk

PORTLAND

Portland Carers Information Stand

Thu 11 Jun, 8.30-11am

Visit the information stand to find out about support for unpaid carers.

Where: Community 2000, Easton, Portland, DT5 1HG

Contact: Sarah-Jo Boyle: sarah-jo.boyle@dorsetgp.nhs.uk

SWANAGE

Swanage Carers Information Stand

Sun 14 Jun, 10.30am-3pm

Say hello to the Dorset Carer Service team and pick up information about support for unpaid carers.

Where: Shore Road, near Swanage Information Centre, BH19 1LB

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

WIMBORNE

Carers Information Stand at Minster Market

Fri 12 Jun, 8am-2pm

Meet friendly faces from the Dorset Carer Service and find out about support for carers.

Where: Minster Market, Allendale Community Centre, Hanham Road, Wimborne, BH21 1AS

Contact: Dorset Carer Service, Help & Care: carers@helpandcare.org.uk

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WIMBORNE – CORFE MULLEN

Cuppa and Company

Wed 10 Jun, 2pm-3pm

Enjoy a friendly chat over a cuppa while exploring a selection of books, information, and resources for carers.

Where: Corfe Mullen Library 54, Wareham Road, Corfe Mullen, Wimborne, BH21 3LE

Contact: Dorset Council - corfemullenlibrary@dorsetcouncil.gov.uk

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